



Tools For Action

A sample of physical education initiatives in Wisconsin

Tumbling Performances

Contact Information

Main Contact Person Brenda Erdman
Title of Main Contact Physical Education Teacher and Coordinator
School Name Westside Elementary
School District Name Reedsburg
Contact Phone Number 608-525-4846
Contact Email Address berdman@rsd.k12.wi.us

Program Information

Program Name Tumbling Performances
Program Category Innovative teaching strategy (new or unique games, curricula, etc.)
Grade Level Elementary School (K-2); Elementary School (3-5)
Assessment Method [No Answer Entered]

Program Information

Products Developed or Materials Used:

Routine handout that has the skills they can choose from to create their routine.

Program Description:

Tumbling Performances are actually focused on 1st and 2nd grade, but have also included 3rd grade. Students learn a variety of tumbling skills and then must create a routine/tumbling sequence and perform it for an audience. We schedule the performance day for during the regular PE class. Families come to watch the class perform - one child at a time. The students choose a tumbling routine with no equipment, with equipment, or a beam routine.

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)
Morgajg@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)
Pesikmj@dhfs.state.wi.us (Mary Pesik, Program and Grant Coordinator)